Anti-Bullying Week 2026 UK Fact Sheet

Monday 16 to Friday 20 November 2026: Break the Silence

Monday
November 16, 2026
Anti-Bullying Week (16-20 November)

Facts

- Anti-Bullying Week 2026 theme: Break the Silence
- Break the Silence webinar (Coram), Thursday 19 November 2026, 4 to 5.30pm

BEFORE AND DURING THE WEEK

- [ ] Ask the school whether it is joining Odd Socks Day on Monday 16 November
- [ ] Mismatched socks are enough; no pupil is singled out for skipping
- [ ] Talk about speaking up and speaking out against bullying
- [ ] Note the Coram webinar on Thursday 19 November, 4 to 5.30pm

Not yet confirmed

Odd Socks Day date (Mon 16 Nov): ABA page returned 403; only a non-official campaign page and snippets say it
Odd Socks Day donation (GBP 1 suggested): ABA page blocked; HIP page says no donation mentioned
Public holiday or school closure: gov.uk shows no bank holiday 16-20 Nov; no source says schools close

How our class or family will take part in Anti-Bullying Week 2026

Source: Wandsworth Council schools service, 18 May 2026; Coram, Break the Silence webinar page; GOV.UK, UK bank holidays.