Big 12 Championship Game 2026 Watch Guide, Dec. 4

8 p.m. ET kickoff on ABC from AT&T Stadium in Arlington, with times in four U.S. time zones



FRIDAY, DEC. 4

ET	CT	MT	PT	EVENT	WATCH ON	MY PICK
8 p.m.	7 p.m.	6 p.m.	5 p.m.	**Big 12 Championship Game** AT&T Stadium, Arlington, Texas	ABC	

Eastern Time (ET), Central Time (CT), Mountain Time (MT, Denver; most of Arizona keeps standard time), Pacific Time (PT). Times are converted from the start time the source gives.

Not yet confirmed

The two teams: Set after the last regular-season games

My notes

Source: ESPN Press Room, 2026-27 college football broadcast schedule (May 27, 2026); Big 12 Conference. Central, Mountain and Pacific times are computed from the 8 p.m. ET start.