Grey Cup 2026 Start Time Guide: Montreal vs. Edmonton

The 113th Grey Cup at McMahon Stadium, Calgary, Sunday, Nov. 15

SUNDAY, NOV. 15

ET	CT	MT	PT	EVENT	WATCH ON
6 p.m.	5 p.m.	4 p.m.	3 p.m.	**113th Grey Cup: Montreal Alouettes vs. Edmonton Elks** McMahon Stadium, Calgary	TSN, CTV, RDS, Crave CFL+ outside Canada

Eastern Time (ET), Central Time (CT), Mountain Time (MT, Denver; most of Arizona keeps standard time), Pacific Time (PT). Times are converted from the start time the source gives.

My notes

Source: Canadian Football League release, Nov. 7, 2026. Schedule subject to change; time-zone conversions are ours.