International Men's Day 2026 Checklist for Schools and Workplaces

Thu., Nov. 19, 2026: steps taken from the organisers' own pages

Thursday

November 19, 2026

International Men's Day

Facts

- UK 2026 theme: Supporting Men and Boys.
- Global 2026 theme: The Future is Everyone.
- Events can be held in the week before and the week after.
- The UK organiser asks: do not be constrained by the day of the week.

PLAN

- [ ] Mark Thu., Nov. 19, 2026 on the calendar
- [ ] Choose the UK theme, Supporting Men and Boys
- [ ] Pick one of the three UK sub-themes (see the story)
- [ ] Plan in the week before and the week after
- [ ] Do not limit the plan to the day itself

DO

- [ ] Workplace: start or support a male staff network
- [ ] Workplace: read the Employer Guide on the UK site
- [ ] List your event with the UK organiser
- [ ] Post with #internationalmensday
- [ ] Read the Men's Health Strategy for England (England only)

What we will do for International Men's Day

Source: International Men's Day official site (global) and the official International Men's Day UK site run by the Association for Male Health and Wellbeing; GOV.UK.