Lewes Polar Bear Plunge 2027 Checklist

Sunday, Feb. 7, 2027, 1:00 p.m., Rehoboth Beach

SIGN UP AND RAISE

- [ ] Register on the GoFundMe Pro site or with the paper form — Before
- [ ] Raise at least $100 to be an Official Bear — Before
- [ ] Plan where and when you check in (2027 times not yet announced) — Before
- [ ] Donations and matching dollars in by the end of February — End of Feb.

PACK

- [ ] A robe — Bring
- [ ] Extra towels or a blanket to stand on — Bring
- [ ] Layers and loose-fitting clothes — Bring
- [ ] Water shoes or something on your feet — Bring

ON THE DAY

- [ ] Arrive early and be patient looking for parking — Sun., Feb. 7
- [ ] In-person plunge at Rehoboth Beach — 1:00 p.m.

SAFETY RULES

- [ ] Do not dive in or enter the water head-first — Rule
- [ ] Do not swim past the safety divers — Rule
- [ ] Do not go near the jetties — Rule
- [ ] Plunge with a friend: use the buddy system — Rule
- [ ] No tents or drones on the beach — Rule

My notes

Source: Special Olympics Delaware, plungede.org (home, frequently asked questions, registration, fundraising incentives, maps and parking, tips for a bearable plunge). Checked Nov. 4, 2026.