Lewes Polar Bear Plunge 2027 Checklist

Sunday, Feb. 7, 2027, 1:00 p.m., Rehoboth Beach

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February 7, 2027

36th Lewes Polar Bear Plunge

Facts

- The in-person plunge is at 1:00 p.m. in Rehoboth Beach on Sunday, Feb. 7, 2027.
- Official Bear status requires a minimum of $100 raised.
- A virtual plunge is offered: backyard, schoolyard, any time, any place.

SIGN UP AND RAISE

- [ ] Register on the GoFundMe Pro site or with the paper form
- [ ] Raise at least $100 to be an Official Bear
- [ ] Plan where and when you check in (2027 times not yet announced)

PACK

- [ ] A robe
- [ ] Extra towels or a blanket to stand on
- [ ] Layers and loose-fitting clothes
- [ ] Water shoes or something on your feet

SAFETY RULES (PLUNGE DE TIPS PAGE)

- [ ] Do not dive in or enter the water head-first
- [ ] Do not swim past the safety divers
- [ ] Do not go near the jetties
- [ ] Plunge with a friend: use the buddy system
- [ ] No tents or drones on the beach

Check-in time, parking and my fundraising total

Source: Special Olympics Delaware, plungede.org (home, frequently asked questions, registration, fundraising incentives, tips for a bearable plunge). Checked Nov. 4, 2026.