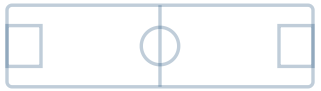
# NCAA Men's Soccer Tournament 2026 Watch Guide: Kickoff Times

First and second rounds, semifinals and final, in four U.S. time zones



## THURSDAY, NOV. 19

| ET | CT | MT | PT | EVENT | WATCH ON | MY PICK |
|---|---|---|---|---|---|---|
| **6 p.m.** | 5 p.m. | 4 p.m. | 3 p.m. | **Syracuse vs. Sacred Heart**<br>First round, host first | | |
| **6 p.m.** | 5 p.m. | 4 p.m. | 3 p.m. | **Wake Forest vs. Longwood**<br>First round, host first | | |
| **6 p.m.** | 5 p.m. | 4 p.m. | 3 p.m. | **NC State vs. College of Charleston**<br>First round, host first | | |
| **6 p.m.** | 5 p.m. | 4 p.m. | 3 p.m. | **UNCW vs. Liberty**<br>First round, host first | | |
| **6 p.m.** | 5 p.m. | 4 p.m. | 3 p.m. | **Charlotte vs. Lehigh**<br>First round, host first | | |
| **7 p.m.** | 6 p.m. | 5 p.m. | 4 p.m. | **Cornell vs. FDU**<br>First round, host first | | |
| **7 p.m.** | 6 p.m. | 5 p.m. | 4 p.m. | **Vermont vs. North Florida**<br>First round, host first | | |
| **7 p.m.** | 6 p.m. | 5 p.m. | 4 p.m. | **Bryant vs. Houston Christian**<br>First round, host first | | |
| **7:15 p.m.** | 6:15 p.m. | 5:15 p.m. | 4:15 p.m. | **Marshall vs. Bowling Green**<br>First round, host first | | |
| **7:30 p.m.** | 6:30 p.m. | 5:30 p.m. | 4:30 p.m. | **Creighton vs. Omaha**<br>First round, host first | | |
| **7:30 p.m.** | 6:30 p.m. | 5:30 p.m. | 4:30 p.m. | **Missouri State vs. Saint Louis**<br>First round, host first | | |
| **9 p.m.** | 8 p.m. | 7 p.m. | 6 p.m. | **Stanford vs. Tulsa**<br>First round, host first | | |
| **9 p.m.** | 8 p.m. | 7 p.m. | 6 p.m. | **Oregon State vs. CSU Bakersfield**<br>First round, host first | | |
| **10 p.m.** | 9 p.m. | 8 p.m. | 7 p.m. | **San Diego vs. Grand Canyon**<br>First round, host first | | |

# NCAA Men's Soccer Tournament 2026 Watch Guide: Kickoff Times, continued



## THURSDAY, NOV. 19 (CONTINUED)

| ET | CT | MT | PT | EVENT | WATCH ON | MY PICK |
|---|---|---|---|---|---|---|
| **10 p.m.** | 9 p.m. | 8 p.m. | 7 p.m. | **Washington vs. Cleveland State**<br>First round, host first | | |
| **10 p.m.** | 9 p.m. | 8 p.m. | 7 p.m. | **Portland vs. California**<br>First round, host first | | |

## SUNDAY, NOV. 22

| ET | CT | MT | PT | EVENT | WATCH ON | MY PICK |
|---|---|---|---|---|---|---|
| **noon** | 11 a.m. | 10 a.m. | 9 a.m. | **Indiana hosts the winner of Missouri State / Saint Louis**<br>Second round | | |
| **1 p.m.** | noon | 11 a.m. | 10 a.m. | **Akron hosts the winner of Wake Forest / Longwood**<br>Second round | | |
| **1 p.m.** | noon | 11 a.m. | 10 a.m. | **Maryland hosts the winner of NC State / College of Charleston**<br>Second round | | |
| **2 p.m.** | 1 p.m. | noon | 11 a.m. | **Michigan State hosts the winner of Marshall / Bowling Green**<br>Second round | | |
| **3 p.m.** | 2 p.m. | 1 p.m. | noon | **West Virginia hosts the winner of Washington / Cleveland State**<br>Second round | | |
| **3 p.m.** | 2 p.m. | 1 p.m. | noon | **Wisconsin hosts the winner of Charlotte / Lehigh**<br>Second round | | |
| **5 p.m.** | 4 p.m. | 3 p.m. | 2 p.m. | **Georgetown hosts the winner of Syracuse / Sacred Heart**<br>Second round | | |
| **5 p.m.** | 4 p.m. | 3 p.m. | 2 p.m. | **Pittsburgh hosts the winner of San Diego / Grand Canyon**<br>Second round | | |
| **5 p.m.** | 4 p.m. | 3 p.m. | 2 p.m. | **North Carolina hosts the winner of UNCW / Liberty**<br>Second round | | |
| **6 p.m.** | 5 p.m. | 4 p.m. | 3 p.m. | **Rutgers hosts the winner of Cornell / FDU**<br>Second round | | |
| **6 p.m.** | 5 p.m. | 4 p.m. | 3 p.m. | **Clemson hosts the winner of Vermont / North Florida**<br>Second round | | |
| **6 p.m.** | 5 p.m. | 4 p.m. | 3 p.m. | **Kansas City hosts the winner of Stanford / Tulsa**<br>Second round | | |

# NCAA Men's Soccer Tournament 2026 Watch Guide: Kickoff Times, continued

## SUNDAY, NOV. 22 (CONTINUED)

| ET | CT | MT | PT | EVENT | WATCH ON | MY PICK |
|---|---|---|---|---|---|---|
| **6 p.m.** | 5 p.m. | 4 p.m. | 3 p.m. | **Louisville hosts the winner of Oregon State / CSU Bakersfield**<br>Second round | | |
| **7 p.m.** | 6 p.m. | 5 p.m. | 4 p.m. | **UCLA hosts the winner of Creighton / Omaha**<br>Second round | | |
| **7 p.m.** | 6 p.m. | 5 p.m. | 4 p.m. | **South Carolina hosts the winner of Portland / California**<br>Second round | | |
| **7 p.m.** | 6 p.m. | 5 p.m. | 4 p.m. | **SMU hosts the winner of Bryant / Houston Christian**<br>Second round | | |

## FRIDAY, DEC. 11

| ET | CT | MT | PT | EVENT | WATCH ON | MY PICK |
|---|---|---|---|---|---|---|
| **6 p.m.** | 5 p.m. | 4 p.m. | 3 p.m. | **National semifinal 1**<br>Cary, N.C.; matchups set after the quarterfinals | ESPNU | |
| **8:30 p.m.** | 7:30 p.m. | 6:30 p.m. | 5:30 p.m. | **National semifinal 2**<br>Cary, N.C.; matchups set after the quarterfinals | ESPNU | |

## MONDAY, DEC. 14

| ET | CT | MT | PT | EVENT | WATCH ON | MY PICK |
|---|---|---|---|---|---|---|
| **7 p.m.** | 6 p.m. | 5 p.m. | 4 p.m. | **National championship game**<br>First Horizon Stadium at WakeMed Soccer Park, Cary, N.C. | ESPNU | |

Eastern Time (ET), Central Time (CT), Mountain Time (MT, Denver; most of Arizona keeps standard time), Pacific Time (PT). Times are converted from the start time the source gives.

**Not yet confirmed**

**Third round, Nov. 28 and 29:** The NCAA gives the two days but no kickoff times or hosts yet

**Quarterfinals, Dec. 4 and 5:** The NCAA gives the two days but no kickoff times or hosts yet

**Semifinal matchups:** The NCAA sets the order of the semifinal games after the quarterfinals

**TV and streaming for rounds one to four:** Not listed on an NCAA page; each host school posts its own stream

**My notes**

Source: NCAA 2026 Division I men's soccer bracket (ncaa.com, printable PDF, Nov. 2026) and NCAA.com, Nov. 16, 2026. The NCAA prints Eastern times; CT, MT and PT are computed. Third round, quarterfinal and semifinal matchups are not set.