

Medicine Cabinet Cleanout Checklist

For the Drug Enforcement Administration's 31st National Prescription Drug Take Back Day

Saturday, Oct. 24, 2026
10 a.m. to 2 p.m.

4,400+ sites
Search dea.gov/takebackday

My site

Bring

- Tablets and capsules
- Patches
- Other prescription medication
- Liquids sealed in their original containers

Leave at home

- Syringes and other sharps
- Illicit drugs
- Vapes, unless the site says yes (batteries out)

MEDICINE	EXPIRES	DROP OFF	KEEP
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Missed it? Pharmacy kiosks and other DEA-registered collectors take medicines year-round. With no take-back option nearby, the Food and Drug Administration says: mix medicines with used coffee grounds, dirt or cat litter, seal the mix in a bag, put it in the household trash and scratch out personal information on the packaging. Flush only medicines on the FDA flush list.

Sources: DEA announcement of Oct. 16, 2026; FDA, "Where and How to Dispose of Unused Medicines." Site addresses and details can change; check the DEA locator before you go.