National Sandwich Day 2026 Deals, Nov. 3

Three confirmed offers, with dates and conditions

DATE	WHAT HAPPENS	DONE
Before Tue., Nov. 3	Sign up for the loyalty program: Subway Sub Club, McAlister's Deli rewards, Capriotti's Rewards	☐
Tue., Oct. 27 to Sun., Nov. 8	Subway: free Footlong with the purchase of another Footlong, Sub Club members, app and online orders	☐
Tue., Oct. 27 to Sun., Nov. 8	Subway: one use per order, free sub is of equal or lesser price, not on third-party delivery, catering or gift cards	☐
Tue., Oct. 27 to Sun., Nov. 8	Subway: excludes Fresh Fit, 5 Meat Italian and Big Hot Pastrami; cannot combine with other offers	☐
Fri., Oct. 30 to Tue., Nov. 3	McAlister's Deli: $5 sandwich, reward members only, exclusions apply	☐
Tue., Nov. 3	Capriotti's: Rewards Members get buy one, get one 50% off all subs, one day only	☐
Tue., Nov. 3	Potbelly: 2026 offer not confirmed by Potbelly when we checked	☐

My notes

Source: Subway newsroom (Oct. 21, 2026); McAlister's Deli; Capriotti's. Checked Nov. 1, 2026.