



Sports on TV Friday, Oct. 30, 2026

Every event in Eastern Time (ET), with the channel. Tick each one off.

TIME (ET)	EVENT AND CHANNEL	DONE
1:00 to 6:00 p.m.	Breeders' Cup, 5 races from 2:55 p.m. (USA Network, Peacock)	☐
2:30 p.m.	F1 Mexico City first practice (no U.S. channel named)	☐
6:00 p.m.	F1 Mexico City second practice (no U.S. channel named)	☐
6:00 p.m.	NHL: Devils at Golden Knights (NHL Network)	☐
7:00 p.m.	NBA: Hornets at Wizards (local TV, League Pass)	☐
7:00 p.m.	NHL: Jets at Panthers (Scripps)	☐
7:00 p.m.	College football: Tulane at Charlotte (ESPN2)	☐
7:00 p.m.	College football: Harvard at Dartmouth (ESPNU)	☐
7:30 p.m.	NBA: Bulls at Celtics (local TV, League Pass)	☐
7:30 p.m.	NBA: Pistons at Nets (local TV, League Pass)	☐
7:30 p.m.	NBA: Knicks at 76ers (Prime Video)	☐
7:30 p.m.	NBA: Magic at Raptors (local TV, League Pass)	☐
7:30 p.m.	College football: Baylor at UCF (ESPN)	☐
8:00 p.m.	NBA: Rockets at Mavericks (local TV, League Pass)	☐
8:00 p.m.	NBA: Pacers at Heat (local TV, League Pass)	☐
8:00 p.m.	NBA: Clippers at Timberwolves (local TV, League Pass)	☐
8:00 p.m.	NHL: Kraken at Flames (Prime Video)	☐
10:00 p.m.	NBA: Lakers at Warriors (Prime Video)	☐
10:00 p.m.	NBA: Nuggets at Suns (local TV, League Pass)	☐
10:30 p.m.	College football: Kent State at Sacramento State (ESPN2)	☐

My notes

Source: NBA.com; NHL; NCAA.com; Breeders' Cup; Formula 1. Checked Oct. 30, 2026. Times and channels can change; check before the start.