Sports on TV Monday, Nov. 30, 2026

NFL, NBA, NHL, college basketball, snooker and chess in ET, CT and PT with channels

MONDAY, NOV. 30

ET	CT	MT	PT	LOCAL TIME	EVENT	WATCH ON	MY PICK
8 a.m.	7 a.m.	6 a.m.	5 a.m.	Nov. 30, 1 p.m.	**UK Championship snooker, York: session 1**		
9 a.m.	8 a.m.	7 a.m.	6 a.m.	Nov. 30, 3 p.m.	**World Chess Championship Game 6: Gukesh vs. Sindarov**	FIDE YouTube channel	
1 p.m.	noon	11 a.m.	10 a.m.		**NHL: Senators at Predators**	NHL Network	
2 p.m.	1 p.m.	noon	11 a.m.	Nov. 30, 7 p.m.	**UK Championship snooker, York: session 2**		
6:30 p.m.	5:30 p.m.	4:30 p.m.	3:30 p.m.		**College basketball: Rider at UConn**	FS1	
7 p.m.	6 p.m.	5 p.m.	4 p.m.		**NBA: Nuggets at Pistons**	Local TV / NBA League Pass	
7 p.m.	6 p.m.	5 p.m.	4 p.m.		**NBA: Wizards at Hornets**	Local TV / NBA League Pass	
7 p.m.	6 p.m.	5 p.m.	4 p.m.		**NHL: Hurricanes at Rangers**	MSG	
7 p.m.	6 p.m.	5 p.m.	4 p.m.		**NHL: Blue Jackets at Penguins**	TVA Sports	
7:30 p.m.	6:30 p.m.	5:30 p.m.	4:30 p.m.		**NBA: Lakers at Rockets**	NBCSN	
7:30 p.m.	6:30 p.m.	5:30 p.m.	4:30 p.m.		**NBA: Thunder at Nets**	Local TV / NBA League Pass	
7:30 p.m.	6:30 p.m.	5:30 p.m.	4:30 p.m.		**NHL: Flyers at Maple Leafs**	NBC Sports Philadelphia	
7:30 p.m.	6:30 p.m.	5:30 p.m.	4:30 p.m.		**NHL: Blackhawks at Jets**	Chicago Sports Network	
7:30 p.m.	6:30 p.m.	5:30 p.m.	4:30 p.m.	Nov. 30, 6:30 p.m.	**College basketball: Southeast Missouri State at Wichita State**	ESPN+	
8 p.m.	7 p.m.	6 p.m.	5 p.m.		**NBA: Celtics at Mavericks**	Local TV / NBA League Pass	
8 p.m.	7 p.m.	6 p.m.	5 p.m.		**NBA: Spurs at Bucks**	Local TV / NBA League Pass	
8 p.m.	7 p.m.	6 p.m.	5 p.m.	Nov. 30, 5 p.m.	**College basketball: Washington State at Murray State**		
8:15 p.m.	7:15 p.m.	6:15 p.m.	5:15 p.m.		**NFL Monday Night Football: Panthers at Buccaneers**	ESPN	
9:30 p.m.	8:30 p.m.	7:30 p.m.	6:30 p.m.		**NHL: Canadiens at Mammoth**	Mammoth+	

Sports on TV Monday, Nov. 30, 2026, continued

MONDAY, NOV. 30 (CONTINUED)

ET	CT	MT	PT	LOCAL TIME	EVENT	WATCH ON	MY PICK
10 p.m.	9 p.m.	8 p.m.	7 p.m.		**NBA: Pelicans at Kings**	Local TV / NBA League Pass	

Eastern Time (ET), Central Time (CT), Mountain Time (MT, Denver; most of Arizona keeps standard time), Pacific Time (PT). Local time: the time where the event takes place, as the source gives it. Times are converted from the start time the source gives.

Not yet confirmed

U.S. channel for UK Championship snooker: York Barbican names BBC, TNT Sports and WST Play and no U.S. channel

Channel for Washington State at Murray State: The school's schedule page lists no channel

Other college games, women's college basketball and soccer: Not confirmed on an official page; the Premier League lists no Monday match

My notes

Source: NFL.com; ESPN; CBS Sports; NHL; school athletics sites; York Barbican; FIDE. Checked Nov. 28, 2026. Times can change.