Stir-up Sunday 2026 Family Planner, Sunday 22 November

Facts, a stirring checklist, a quiz and wishes for Christmas pudding day

Sunday

November 22, 2026

Stir-up Sunday 2026

Facts

- Stir-up Sunday is always the last Sunday before Advent.
- Advent Sunday 2026 is 29 November.
- The prayer that gave the day its name begins "Stir up, we beseech thee, O Lord".

PLAN FOR THE DAY

- [ ] Check the recipe and write the shopping list
- [ ] Buy the ingredients and find a large bowl
- [ ] Gather the family
- [ ] Everyone takes a turn to stir

WHO HAS STIRRED

Adults **Total** _____

Children **Total** _____

QUIZ

Q1 Which way do you stir the pudding? _____

Answers are at the bottom of the page, upside down. Fold or cut them off.

Wishes

Name and wish _____

Not yet confirmed

Dates after 2026: no church has published them; the story computes them from the rule

Who stirred and what they wished for

CUT HERE TO HIDE THE ANSWERS

Answers

Q1. East to west

Source: Diocese of Liverpool Stir-Up Sunday Resource; Liturgy Office of the Catholic Bishops' Conference of England and Wales, November 2026 calendar; National Trust. Checklist items are our own suggestions.