Strictly Come Dancing 2026: Remaining Live Shows

Every live Saturday left, from 7 November to the 19 December final

DATE (ET)	ET	CT	MT	PT	EVENT	MY PICK TO WIN
Sat., Nov. 7	Time not yet announced				**Week 7 live show**	
Sat., Nov. 14	Time not yet announced				**Week 8 live show**	
Sat., Nov. 21	Time not yet announced				**Blackpool Week (Week 9)**	
Sat., Nov. 28	Time not yet announced				**Week 10 live show**	
Sat., Dec. 5	Time not yet announced				**Week 11 live show**	
Sat., Dec. 12	Time not yet announced				**Week 12 live show**	
Sat., Dec. 19	Time not yet announced				**Grand Final (Week 13)**	

Eastern Time (ET), Central Time (CT), Mountain Time (MT, Denver; most of Arizona keeps standard time), Pacific Time (PT). Times are converted from the start time the source gives.

Not yet confirmed

Start times: not announced for the remaining shows as of 6 November 2026

Theme weeks: not announced for the remaining shows

My notes

Source: Donaheys audience tickets; Live Blackpool; TV Zone UK. Start times not yet announced.