US Time Zones Card, 2026

The nine zones in the order of 15 U.S.C. 261, with the UTC offset of each

THE NINE ZONES (STANDARD TIME, OFFSET FROM UTC)

Zones 1 to 5

- [ ] 1 Atlantic: UTC-4
- [ ] 2 Eastern: UTC-5
- [ ] 3 Central: UTC-6
- [ ] 4 Mountain: UTC-7
- [ ] 5 Pacific: UTC-8

Zones 6 to 9

- [ ] 6 Alaska: UTC-9
- [ ] 7 Hawaii-Aleutian: UTC-10
- [ ] 8 Samoa: UTC-11
- [ ] 9 Chamorro: UTC+10

ZONE LINES IN 49 CFR PART 71

Boundary sections

- [ ] 71.5 Eastern and central
- [ ] 71.7 Central and mountain
- [ ] 71.9 Mountain and Pacific

Rules and limits

- 15 U.S.C. 261: the territory of the United States is divided into nine zones.
- 15 U.S.C. 261: the limits of each zone are defined by an order of the Secretary of Transportation.
- 15 U.S.C. 263: the ninth zone is known as Chamorro standard time.
- 15 U.S.C. 260: the Secretary of Transportation promotes one standard of time within each zone.

My notes

Source: 15 U.S.C. 261, 263 and 260; 49 CFR Part 71, Standard Time Zone Boundaries (eCFR, Nov. 1, 2026).