2027 Goal Worksheet: Year Goal Page and 12 Monthly Check-Ins

One goal page and a check-in on the last day of each month

Year goal page

My 2027 goal, in one sentence _____

Why it matters to me _____

Step 1, written down _____

Step 2, written down _____

Step 3, written down _____

Where I keep notes: journal, app or online diary _____

MONTHLY CHECK-INS (LAST DAY OF EACH MONTH)

January 2027
Sun., Jan. 31
☐ _____

February 2027
Sun., Feb. 28
☐ _____

March 2027
Wed., Mar. 31
☐ _____

April 2027
Fri., Apr. 30
☐ _____

May 2027
Mon., May 31
☐ _____

June 2027
Wed., June 30
☐ _____

July 2027
Sat., July 31
☐ _____

August 2027
Tue., Aug. 31
☐ _____

September 2027
Thu., Sept. 30
☐ _____

October 2027
Sun., Oct. 31
☐ _____

November 2027
Tue., Nov. 30
☐ _____

December 2027
Fri., Dec. 31
☐ _____

My notes

Source: dates computed by Fresh Calendars; National Institutes of Health, Wellness@NIH, Maintaining Healthy Habits; U.S. Office of Personnel Management, Federal Holidays.