World AIDS Day 2026 Checklist

Dec. 1, 2026: dates and steps to keep

MARK THE DATE

- [ ] World AIDS Day, held every Dec. 1 — Tue., Dec. 1
- [ ] Check whether UNAIDS has posted the 2026 theme (not yet announced) — Late November

DO

- [ ] Order a free HIV self-test (two every 90 days) — Before Dec. 1
- [ ] Wear a red ribbon — Dec. 1

My notes

Source: HIV.gov, World AIDS Day; Joint United Nations Programme on HIV/AIDS (UNAIDS); Together TakeMeHome, About.