

One small plan for each week of November, from World Vegan Day on Sunday, Nov. 1

- ☐ Cook one recipe from your list Sun., Nov. 8
- ☐ Look for a vegan cookbook at your library Wed., Nov. 11
- ☐ Cook a second recipe Sat., Nov. 14

- ☐ Invite a friend to share a meal Sun., Nov. 15
- ☐ Write down what you liked so far Thu., Nov. 19
- ☐ Cook a third recipe Sat., Nov. 21

- ☐ Thanksgiving: ask the host what dishes are planned Thu., Nov. 26
- ☐ Save the best recipes in one place Sat., Nov. 28
- ☐ Last day of World Vegan Month: pick what to keep Mon., Nov. 30